

# What am I supposed to do with my Life?



The question “**Why am I here?**” is one of the most important and life-changing questions you could ever ask. Not knowing the answer to this question can eat away at your energy, compromise your potential and make you settle for second-best - believing only in your contracted limitations.

Knowing your life purpose empowers you to **live with passion, focus and integrity** and inspires you to overcome your difficulties and express the best part of yourself in life. As you consciously move in the direction of your newly discovered destiny, **you’ll find courage and capabilities you never knew existed before** and there will be a profound sense of making

progress in harmony with life and contributing to the lives of others.

*“I have had plenty of money and I have had none, but in the end it is of little consequence. The only thing that matters is the meaning I give to my life. That is my true richness; the life-source of which is my Purpose.”* Richard Jacobs

Discover your life calling on the upcoming 2-day seminar:

## TRUE PURPOSE

October 15 –16, 2011



Through focused guided visualizations, speed journaling, paired inquiry, silent contemplation and other interactive processes, you **will come into deep alignment with the inner motivation behind everything you are doing** and finally hear and give voice to the mission for your existence that has been calling to you for so many, many years.

You will leave the **TRUE PURPOSE** seminar with:

- **The discovery of your life purpose**
- **A succinct mission statement for your life**
- **3-4 clear descriptions of your calling or “right livelihood” to explore**
- **A clearer vision of how you want to live your life.**
- **Improved communication skills**
- **An understanding of the first steps to begin in actualizing your life purpose**

After the seminar participants commonly report feeling:

- **More authentic**
- **Improved energy and optimism**
- **More inner resolve and confidence**
- **A clear sense of purpose**
- **More connected to themselves and life**
- **A desire to contribute to the lives of others**
- **A deeper commitment to their own self-actualization**
- **Enhanced motivation to achieve their goals**

With a greater capacity to:



- **Find meaning and insight in daily living**
- **Face and overcome problems and difficulties**
- **Fully experience their life**
- **Self-inspect**
- **Communicate and relate to others**

Discovering your life purpose will orient you towards new passion, optimism and an inspired existence. It is the first step towards living a deeper more fulfilled life. It is a crucial key to self-mastery.

### **Facilitator:**



**Russell Scott** is the owner of True Source Seminars from Guelph, Ontario. For over 30 years Russell has been helping individuals experience and live from the spaciousness, joy and deep fulfillment of their true nature and purpose in life. He is one of the new generations of “non-guru” teachers that have eliminated dogma and ritual to help individuals discover their inner wisdom and true direction for themselves. [www.truesourceseminars.com](http://www.truesourceseminars.com)

**Date:** Saturday October 15 and Sunday October 16, 9:30 to 5:30 pm

**Meals included** - Hearty Lunch, snacks & refreshment throughout both days

**Tuition:** \$245.00 plus HST or \$275.00 after October 7<sup>th</sup>

**Accommodation:** Please inquire directly

**Location:** **Nature's Harmony Ecolodge**

**To enroll or for more information, please contact:** [rest@natureharmony.ca](mailto:rest@natureharmony.ca)