

The Three Degrees of Reiki

There are three Degrees, or levels, of the Reiki Ray. Each possesses a unique radiation of energy set forth for a specific purpose in healing.

First Degree:

This degree is a permanent attunement to the Reiki Ray. Once initiated, it allows a person to channel Reiki energy for healing oneself and others. It requires no special invocation or alteration of the thinking process to “turn on” the flow of Reiki. By simply placing hands on and opening the heart to love, one automatically brings in the energy.

The first degree is the foundation of all three degrees, and must first be mastered thoroughly before the person is considered for the next degree.

Second Degree:

The second degree requires further initiations for attunements to the keys, utilized in this level.

The student is trained to use appropriate Second Degree Keys (symbols) which provide an increase of power from the Reiki Ray, for absent healing and mental/emotional healing.

Third Degree:

This degree designation is the level of Reiki Master, a Teacher of Reiki.

The student is attuned to the full Reiki Ray, and for those guided, the path of the Teacher begins its enfoldment.